

THE JPC GUIDE TO FOOD AT PEMBROKE

2020 Edition



WELCOME

Pembroke is known as the college with the best food, and this is a reputation they only surpass. You will find enclosed in the other booklet a comprehensive guide to eating in trough, formals, the cafe and bar, as well as supermarkets and cafes in town.

However, catering will have to look different this year as a result of the COVID -19 pandemic and social distancing. This booklet will summarise these changes and how they will affect your eating and dining habits in college. For how long these new restrictions will be in place is uncertain, but should anything change, you can expect to be quickly updated by college staff or me (your food officer!). I will also be including an updated list of our favourite supermarkets, cafes, and restaurants in town.

If anyone has any other questions about these restrictions or anything else to do with food please get in touch with me through email at jp-food@pem.cam.ac.uk or message me (Sophie Lumsdon) on facebook!

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EATING IN TROUGH



Pembroke's cafeteria (known as trough) is definitely the most convenient place to grab a hot meal with your friends, whether this be at breakfast to ward off last night's hangover or at dinner, reuniting with your friends after a long day of lectures. Prices are also super reasonable - all Pembroke students who pay Kitchen Fixed Charge get a 40% discount which means a veggie hot meal is about £1.80 and a non veggie one £2.20.

At the time of writing, the servery is open as following:

- 8am-10am for breakfast
- 12pm-2pm for lunch
- 5:30pm-8pm for dinner
- 10am-1:30pm for brunch on Saturday and Sundays

From Monday 05/10, the Hall and Old Library will be available to eat at, as well as marquees across college and the cloisters on Saturdays. (Priority will be given to those living outside of college)

The menu is available on the website at <https://www.pem.cam.ac.uk/college/catering/information-students/server-y-menu>. The menu is available 3 weeks in advance, with week 1 starting Monday 28/09.

Measures adopted by catering in trough:

At Pembroke we are lucky enough to have a fantastic catering team who have been going the extra mile to ensure that all food in trough is safe and hygienic to eat. The measures that are being taken are:

- One way system around the server-y (video to come)
- All food prepackaged
- All staff provided with PPE
- Deep clean after each team finishes a shift
- Plexiglass screens at tills
- Touch points regularly cleaned
- Reduced members of staff on duty
- Staff training in line with government guidelines

if you have any questions or concerns about any of this please get in touch with me on Facebook or by email : jp-food@pem.cam.ac.uk

FORMALS



As of October 2020, formal hall will not be happening, but this policy will come under review at the end of October.

Pembroke Cafe and Bar

If your not feeling a hearty meal, Pembroke Cafe is a fantastic option to grab a panini and slice of cake, and a great atmosphere to meet friends and do a little studying. There will always be a hot option available at the cafe.

In the evening, the cafe becomes our very own bar, offering a great range of draft beers and ciders, spirits, and cocktails. An average pint costs £3.20.

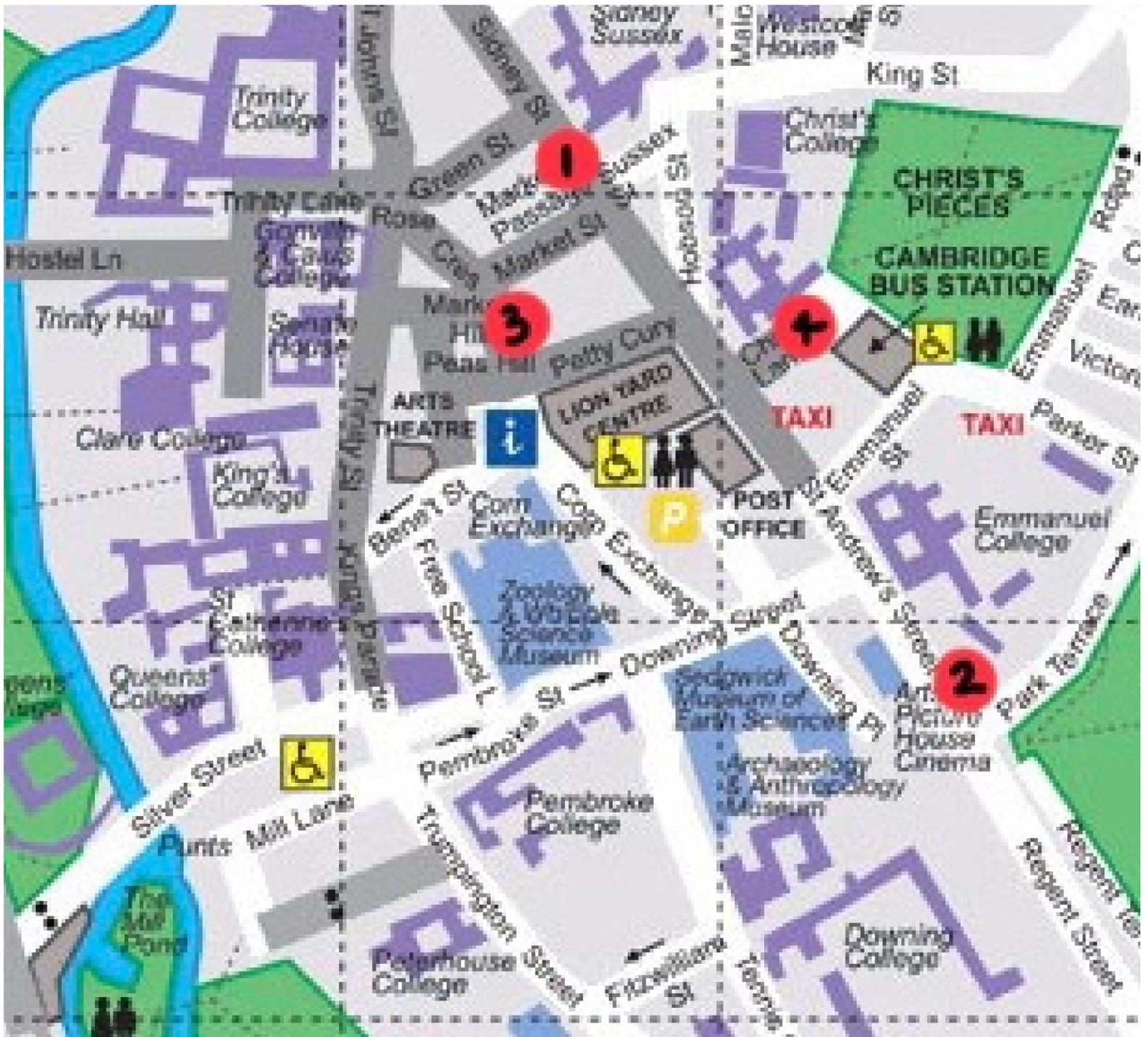
The cafe will be open from Monday 05/10 everyday from 10am-5pm. A one way system has been introduced, with entrance through the pool table room. As of October 2020, there will be no seating available in the cafe, but there are plenty of marquees and tables in the Pembroke grounds to sit in.

SUPERMARKETS

Pembroke's central location makes it within walking distance of several supermarkets in the centre of Cambridge. These are ideal for a quick stock up on the way back from a supervision or if you've forgotten a bottle of wine for a formal.

However, these central supermarkets are significantly more expensive and significantly more crowded, so I have also compiled a list of supermarkets further afield (in Cambridge that means a more than 5 minute cycle) for those looking for better value for money.

Central Supermarkets



1 - Sainsbury's Sidney Street ('Mainsburys')

Opening times : 7:30 am - 10pm everyday
and 11am - 5pm on Sundays

The largest and most convenient supermarket
in central Cambridge but also the most
crowded

2 - Sainsbury's Local St. Andrews Street ('Slocal')

Opening times : 7am - 11 pm everyday

The closest supermarket to Pembroke and the 11pm closing time definitely comes in handy for a late night shop. However, the selection is much smaller, the prices higher, and they stop selling alcohol at 8pm.

3 - Marks and Spencer's Food Hall Market Square

Opening hours - 8am - 6pm everyday and
11am - 5pm on Sundays

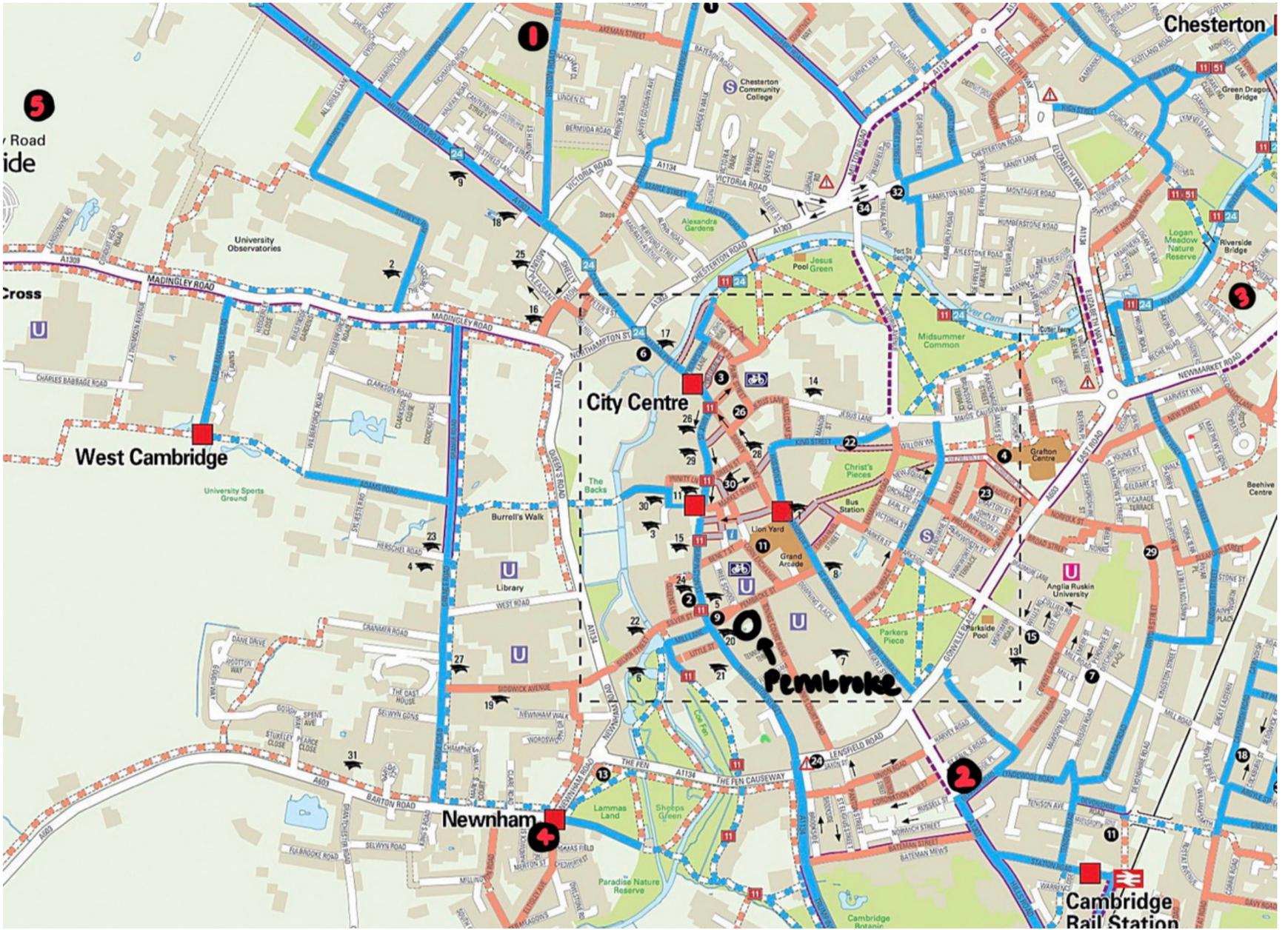
Don't let the reputation put you off - some M&S basics are cheaper than Mainsbury's.

4 - Tesco Express Christ's Lane

Opening hours : 8am - 11pm everyday

The newest supermarket in Cambridge having opened in February but great for a meal deal and is still unknown to many Cambridge students.

Out of town supermarkets



1 - Aldi

Best prices in Cambridge, particularly useful if you have a supo on the hill

2 - Tesco Express

Less attractive now we have a Tesco Express in town but is a great pit stop on the way to the train station

3 - Tesco Superstore

If you get into rowing this huge Tesco is super close to the boathouse and the cheapest alcohol

4 - Co-op

Nice for those spending all day at Sidgewick, and if you find yourself living at Selwyn Gardens in second year

5 - Sainsbury's Eddington

Quite far out, if you find yourself at Girton a lot might be good